



BODY RELAXATION TREATMENTS

Firm Relaxing Massage

Full Body	\$ 79 .00	1 hour treatment
Back Neck Shoulders	\$ 55 .00	30 min treatment
Add Exfoliation + \$30.00 full body		

Thai Herbal Compress Massage

Steamed Herbal Compress-Medicinal Benefits

Full Body	\$ 115 .00	1 hour treatment
Back Neck Shoulders	\$ 75 .00	30 min treatment

Hot-Stone Massage

Steamed Volcanic Balinese Stones

A light relaxing massage.

Full Body	\$ 95 .00	1 hour treatment
Back Neck Shoulders	\$ 65 .00	30 min treatment

TARGET SLIMMING TREATMENTS

Body Borrocca

A body exfoliation that targets areas using a warming mask, light massage and cooling concentrated products.

Fantastic for:

Cellulite	
Water Retention	\$ 95 .00
Fatty Deposits	1 hour treatment

G5 Massage Rotational Vibration Machine

A deep tissue targeted area massage.

Fantastic for:

Cellulite	
Water Retention	\$65 .00
Fatty Deposits	30 min treatment

body + soul



BLISS PACKAGES

Fruit Fantasy

Includes: Fruit Sensation Facial	
Express Manicure	\$ 189 .00
Paraffin Heaven	2 hour treatment

Time Out

Includes: Fresh Start Facial	
Eye Trio	\$ 179 .00
Relaxation Back Massage	1½ hours treatment

Thai Retreat

Includes: Herbal Compress Massage	
Ultimate Spa Pedicure	\$ 220 .00
Express Manicure	2½ hours treatment

EYES

Eyelash Tint	\$ 25 .00
Eyebrow Tint	\$ 20 .00
Eyebrow Shape	\$ 20 .00
Eye-Duo	\$ 35 .00
Eye- Trio	\$ 40 .00

Eyelash Extensions

Full Set	\$85 .00
Top Up	\$ 40 .00

MAKEUP

Youngblood Mineral Photographic	\$ 50 .00
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SUNCARE

NZ Made Organic Spray Tan	
Spray Tan Full Body	\$ 55 .00
Exfoliation & Spray Tan	\$ 89 .00



HANDS & FEET

Ultimate Spa Manicure

Includes: Soak	
Exfoliation	
Nail & Cuticle Care	
Hand & Arm Massage	\$ 60 .00
Lacquer	1 hour treatment

Express Manicure

Includes: Hot Towel Compress	
Nail & Cuticle Care	\$ 40 .00
Clear Lacquer	30 mins

Ultimate Spa Pedicure

Includes: Hydro Therapy Foot Spa	
Heated Massage Chairs	
Exfoliation	
Nail & Cuticle Care	
Leg & Foot Massage	\$ 75 .00
Lacquer	1 hour treatment

Express Pedicure

Includes: Hot Towel Compress	
Nail & Cuticle Care	\$ 45 .00
Lacquer	30 mins

Paraffin Heaven

Add To your Manicure or Pedicure

Fantastic for:

Hydration	
Relaxing Moisture Shield	\$ 35 .00
Arthritis	add 30 mins

body + soul



HAIR REMOVAL

Waxing

Lower Leg	\$ 38 .00
Lower Leg & Bikini	\$ 58 .00
Full Leg	\$ 58 .00
Full Leg & Bikini	\$ 78 .00

Bikini	\$ 25 .00
Extended Bikini	\$ 35 .00
Initial Brazilian	\$ 60 .00
Regular Brazilian	\$ 50 .00

Underarm	\$ 25 .00
Arm	\$ 25 .00 / \$ 35 .00
Upper Lip or Chin	\$ 15 .00
Upper Lip & Chin	\$ 25 .00
Upper Lip Bleach	\$ 20 .00

Electrolysis

10 min	\$ 25 .00
15 min	\$ 35 .00
20 min	\$ 40 .00
30 min	\$ 50 .00

VPL / IPL

Please ask for our detailed brochure.



JUST FOR MEN

De-Stress Facial

A 40 minute facial boost to kick start tired and damaged skin.

Fantastic for :

Detoxification	
De-Stress	\$ 98 .00
Hydration	40 min treatment

Relaxation Massage

A firm relaxing massage.

Full Body	\$ 79 .00	1 hour treatment
Back Neck Shoulders	\$ 55 .00	30 min treatment

Foot Fitness Treatment

A 40 minute foot makeover.

Hydro Therapy Foot Spa	
Nail & Cuticle Care	
Exfoliation	\$ 65 .00
Leg & Foot Massage	40 min treatment

Hair Removal

Eyebrows	\$ 20 .00
Back	\$ 55 .00
Chest	\$ 55 .00
Full Leg	\$ 65 .00

GIFT VOUCHERS

Available for any treatment or to any value

CONTACT US

P 07 3077 333

E info@body-soul.co.nz

W www.body-soul.co.nz

100 The Strand

Whakatane 3120



body + soul

ADVANCED SKIN + BODY THERAPY
FOR MEN + WOMEN